



# Epic Explorers



Create a food diary.

Make sure your meals are balanced and nutritious.

Write a set of instructions on how to make a healthy meal.

Find out where different foods come from. Label them on a map. Can you find any foods that are grown/made in Cornwall?

Watch: <https://www.bbc.co.uk/teach/class-clips-video/pshe-ks1-ks2-what-is-fair/zh98qp3>

What does fair mean?

What do you think Sophie, Ben and Karim should do? Why?

Please feel free to complete any of the suggested activities about our current topic. We ask you to read every night with your child and to remind the children sign their reading records (in school) so they can work towards a Karate Reading Band.

For every piece of homework completed the children will receive 3 house points.

Draw a map of the world. Plot the route that Christopher Columbus took (in red) and the route that James Cook took (in blue).

In green, plot the route that you would take if you wanted to explore the world.

Research what life was like when Columbus (1492) and Cook (1768) were alive.

Who was on the throne? What was life like? How is it different to the world we live in today?

We all get help and give help in different ways throughout each day. This help is an important part of how we all live together. Draw/write a sentence about a time that someone has helped you and a time when you have helped someone else. Who helps us? Why is it important? How does it make you feel when you have helped someone?

