



Roskear Primary and Nursery School PSHE

Accepted by Governing Body	Autumn 2019
Review Date	Summer 2022

This policy has been written to ensure we are meeting the requirements of National Curriculum 2014 (guidance updated June 2019) which includes a non-statutory framework for Personal, Social, Health and Economic (PSHE) Education and also takes into account further guidance issued by the updated 2019 Ofsted framework. It has been updated to reflect the rapidly changing world in which our pupils live and learn.

What is PSHE?

PSHE provides children with the knowledge, understanding and skills they need to manage their lives now and in the future. It develops the qualities and attributes pupils need to thrive as individuals, family members and members of society as well as equipping pupils to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in achieving economic wellbeing.

A critical component of PSHE is providing opportunities for children and young people to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future. Additionally PSHE contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions.

It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

Aims of PSHE at Roskear Primary and Nursery School

We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to,

- stay as healthy as possible



Roskear Primary and Nursery School

PSHE

- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- play an active role as members of a democratic society
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- to become involved in the life of their community
- to know about democracy and how to be an active citizens
- to know about economic wellbeing, careers and the world of work

We want our children to: -

- value the achievements they make, and the achievements of others
- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.

The delivery of PHSE

Our programme for PSHE encompasses JIGSAW materials for each year group. Jigsaw, the mindful approach to PSHE, has a unique lesson structure, designed to maximise the learning process. Jigsaw consists of six Puzzles (half-term units of work) containing six Pieces (lessons) for each academic year. Every Piece has two Learning Intentions, one specific to PSHE outcomes and the other designed to develop emotional literacy and social skills. Jigsaw also ensures coverage of British Values.

Aspects of PSHE and Citizenship will also be covered within other subject teaching.

A range of teaching strategies will be used as appropriate. These will include: Circle time, role-play, discussion - whole class, small group, 1:1, visitors e.g. PC , Fire Brigade, School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities.

There are weekly timetabled JIGSAW lessons in KS1 and KS2. There will also be opportunities during collective worship e.g. stories and discussion, Achievers Assembly.



Roskear Primary and Nursery School

PSHE

Monitoring and evaluating PHSE and Citizenship

Mrs Mitchell (PSHE/RE Coordinator) and Mr Savage (Curriculum Coordinator).
It is the co-ordinators responsibility to:

- a) Ensure that PHSE occurs in the school's curriculum according to the National Curriculum and Ofsted 2019 guidance
- b) Monitor the use of teaching and learning styles;
- c) Evaluate the effectiveness of the schools programme

Equal Opportunities

Provision for PSHE is in line with all of our policies and Every Child Matters guidance. All children have equal access to the PSHE curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure that sensitivity.

Policy review

The school's governing body will review this policy every three years from the date above, or earlier if there are significant changes to the National Curriculum requirements. In reviewing the policy it will consult the following groups:

- parents;
- staff;
- pupils;