

| WEEK 3 <small>W/C: 22/03 26/04 17/05 14/06 05/07</small> | |
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| HOT SPECIALS... | DAILY FAVES... |
| Chinese Veggie Noodles Egg noodles with stir fried vegetables Cheese and Tomato Pizza with Dough Balls Cheesy tomato topped pizza slice | Packed Lunch See below for details Jacket Potato with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta |
| Sausage and Mash with Gravy Traditional pork sausage and mash with rich gravy Veggie Sausage and Mash with Gravy Fluffy mash with veggie sausages and rich gravy | Packed Lunch See below for details Jacket Potato with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta |
| Prime Roast Beef with Roast Potatoes & Gravy Prime roast beef with fluffy roasties and tasty gravy Quorn Roast With roast potatoes and gravy | Packed Lunch See below for details Jacket Potato with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta |
| Pasta Bolognese A classic Italian beef bolognese in a yummy tomato and beef sauce Mild Chickpea & Potato Curry with Rice A tasty chickpea and potato masala | Packed Lunch See below for details Jacket Potato with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta |
| Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips Beany Burger with Chips A delicious homemade beany burger and scrummy chips | Packed Lunch See below for details Jacket Potato with a choice of fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta |
| Ham or Cheese Sandwich or Daily Special with Veg Sticks and Fresh Fruit or Bear Yo Yo or Dessert of the Day | |
| PACKED LUNCH... available daily | |
| | |

Food Super Heroes Menu

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children

£2.30

THREE WEEK MENU
AUTUMN/WINTER 2020

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls

Cheesy tomato topped pizza slice

Burrito

A soft wrap filled with lightly spiced veggies and rice

Cottage Pie

Home cooked minced beef and onions with a crispy potato topping

Macaroni Cheese

Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Roast Chicken with Roast Potatoes & Gravy

Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy

A chunky sweet potato and chickpea roast

Bacon All Day Breakfast with Potato Wedges

A yummy all day breakfast with bacon and potato wedges

Hotdog with Potato Wedges

Our favourite veggie hotdog served in a soft sub roll

Golden Fish Fingers and Chips

Crispy fish fingers with scrummy chips

Meat-free Nuggets and Chips

Crispy Quorn nuggets with their fave sauce - ketchup

DAILY FAVES...

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings
including salmon mayo

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

WEEK 1

W/C: 08/03 29/03 03/05
24/05 21/06 12/07

SIDES...

Green Beans
and
Sweetcorn

Peas
and
Broccoli

Carrots
and
Cabbage

Baked Beans
and
Sweetcorn

Sweetcorn
and
Peas

PICK A PUD!

Brownie

Oatie Cookie
with fruit slices

Vanilla Ice
Cream

Apple and
Berry
Crumble

Orange
Shortbread

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls

Cheesy tomato topped pizza slice

Quorn Bolognese

Penne pasta in a yummy tomato and Quorn sauce

Chicken Tikka Masala with Rice

Succulent chicken in a mild creamy sauce

Macaroni Cheese

Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Roast Gammon

Tender roast gammon with fluffy roasties and tasty gravy

Country Vegetable Pie with Roast Potatoes and Gravy

Creamy vegetable pie with a shortcrust topper

Lasagne with a Garlic & Herb Bread Wedge

A classic Italian beef lasagne in a yummy tomato sauce

Vege Balls in Tomato Sauce with Pasta

Vege balls in a tomato sauce with pasta

Southern Fried Chicken Tasters with Chips

Lightly seasoned crispy chicken strips and scrummy chips

Meat-free Taco and Chips

A soft taco shell filled with a yummy veggie tomato chilli

DAILY FAVES...

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

Packed Lunch
See below for details
Jacket Potato
with a choice of fillings

Tomato Pasta
Fresh, homemade
tomato and basil sauce
with penne pasta

WEEK 2

W/C: 15/03 19/04 10/05
07/06 28/06 19/07

SIDES...

Sweetcorn
and
Broccoli & Cauliflower

Green Beans
and
Sweetcorn

Cabbage
and
Carrots

Sweetcorn
and
Broccoli

Peas
and
Baked Beans

PICK A PUD!

Creamy Peach
Rice Pudding

Raspberry
Ripple Cake

Strawberry Ice
Cream

Chocolate
Cake

Oatie Biscuit
with Fresh Cut
Fruit Slices

PACKED LUNCH...

available daily

Ham or Cheese Sandwich or Daily Special

with Veg Sticks and Fresh Fruit
or Bear Yo Yo or Dessert of the Day

Vegetarian Oily fish
Wholegrain Fruity!

Water, salad,
freshly baked bread,
yoghurt & fresh fruit

Available
every day!

