

WEEK 1

W/C: 18/04 09/05 20/06 11/07 12/09 03/10

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUDDING

MONDAY

Veggie Burrito ● ●
A soft wrap filled with lightly spiced veggies and rice

Macaroni Cheese ●
Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Green Beans and Sweetcorn
Raspberry Ripple Ice Cream

MONDAY

Veggie Bolognese ● ●
Yummy veggie Bolognese with pasta

Cheese and Tomato Pizza ● ●
Cheesy tomato topped pizza slice

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Cucumber Sticks and Carrot Sticks
Flapjack with Fruit Slices ● ●

TUESDAY

Allegro's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges
BBQ chicken breast burger with zingy corn relish

The Incredible Burger served with Potato Wedges ●
Meatless burger in a soft bap with ketchup

Packed Lunch
See below for details
Jacket Potatoes ● ●
with Assorted fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Sweetcorn and Broccoli
Brownie

TUESDAY

Allegro's Asian Sticky Noodles
Chicken and vegetables in sweet sauce with noodle

Allegro's Fruity Cous Cous
With Mint Yogurt and Pita Chips

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Cauliflower and Peas
Orange Shortbread with Fruit Slices ●

WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy ● ●
A chunky sweet potato and chickpea roast

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage
Shortbread Biscuit with Fresh Cut Fruit Slices ●

WEDNESDAY

Roast Turkey with Roast Potatoes & Gravy
Roast turkey with fluffy roasties and tasty gravy

Creamy Vegetable Pie with Roast Potatoes and Gravy ●
Creamy vegetable pie with a cheesy shortcrust hopper

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Cabbage and Carrots
Raspberry Yogurt Cake

THURSDAY

Beef Bolognese ● ●
A classic Italian beef bolognese in a yummy tomato sauce

Quorn Hot Dog with Potato Wedges ●
A delicious Quorn hot dog

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Sweetcorn
Banana & Apricot Flapjack with Fruit Slices ●

THURSDAY

Beef Lasagne with a Garlic & Herb Bread Wedge ●
A classic Italian layered pasta dish with beef mince

Mild Chickpea and Potato Curry with Rice ● ●
Tasty chickpea and potato curry served with rice

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Mixed Salad
Fruity Chocolate Brownie

FRIDAY

Golden Fish fingers and Chips
Crispy fish fingers with scrummy chips

Quorn Nuggets and Chips ●
Crispy Quorn nuggets with their favourite sauce - ketchup

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Baked Beans and Peas
Orange, Suhana & Carrot Slice

FRIDAY

Battered Fish Fillet with Chips

Tomato Veggie Burger with Chips ●
A delicious veggie burger in a soft bap with chips

Packed Lunch
See below for details
Jacket Potatoes ● ●
A choice of hot and cold fillings
Tomato Pasta ● ●
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Baked Beans
Vanilla Ice Cream

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian ● Oily fish ● Wholegrain ● Fruity! ● Nutritionist's Choice

WEEK 3

W/C: 02/05 23/05 13/06 04/07 25/07 05/09
26/09 17/10

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUDDING

MONDAY

Macaroni Cheese ●
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Vegetarian Sausage with Mashed Potato and Gravy ●
Veggie sausage and mash with rich gravy

Packed Lunch
See below for details
Jacket Potatoes ●
A choice of hot and cold fillings
Tomato Pasta ●
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Carrots
Dairy Biscuit with Fresh Cut Fruit Slices ●

TUESDAY

Allegro's Chili Con Chicken and Sweet Potato Bake ●
Baked wedges of sweet potato, topped with tomato chicken & tortilla crunchies

Allegro's Cheesy Peasy Risotto Bake ●
A delicious baked cheesy, pea risotto

Packed Lunch
See below for details
Jacket Potatoes ●
A choice of hot and cold fillings
Tomato Pasta ●
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Green Beans
Carrot Cake with Citrus Frosting

WEDNESDAY

Tender Roast Gammon with Roast Potatoes & Gravy ●
Tender roast gammon with fluffy roasts and tasty gravy

Quorn Roast with Roast Potatoes and Gravy ●
Delicious Quorn roast with fluffy roasts and tasty gravy

Packed Lunch
See below for details
Jacket Potatoes ●
A choice of hot and cold fillings
Tomato Pasta ●
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage
Strawberry Ice Cream

THURSDAY

Beef Meatballs in Tomato Sauce with Pasta ●
Delicious beef meatballs in a tasty tomato sauce with pasta

Veggie Lasagne served with a Bread Wedge ●
Delicious sheets of pasta layered with veggies and tomato sauce

Packed Lunch
See below for details
Jacket Potatoes ●
A choice of hot and cold fillings
Tomato Pasta ●
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Sweetcorn
Chocolate Sponge Cake

FRIDAY

Southern Fried Chicken Tasters with Chips ●
Lightly seasoned crispy chicken strips and scrummy chips

Veggie Soft Taco and Chips ●
A soft taco shell filled with a yummy veggie tomato chilli

Packed Lunch
See below for details
Jacket Potatoes ●
A choice of hot and cold fillings
Tomato Pasta ●
Fresh, homemade tomato and basil sauce with penne pasta

Baked Beans and Peas
Cheese & Biscuits

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE OR DAILY SPECIAL
WITH VEG STICKS AND FRESH FRUIT OR
BEAR YOYO OR DESSERT OF THE DAY

CHART2021-3WSTEAM_717833

THREE WEEK MENU

SPRING/SUMMER 2022

£2.30

Chartwells
So much more than a plate of food

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY

